DEPARTMENT OF THE ARMY
ALPHA COMPANY, TRAINING SUPPORT BATTALION
10,000 HAMPTON PARKWAY
FORT JACKSON, SOUTH CAROLINA 29207-7025

REPLY TO
ATTENTION OF

ATSG-SB-A

29 June 2010

MEMORANDUM FOR All Assigned and Attached Soldiers

SUBJECT: Policy Memorandum #12 – Company Physical Fitness Training Incentive Program

1. This policy applies to Alpha Company permanent party only.

2. The purpose of this memorandum is to establish the Company A, Training Support Battalion, Unit Physical Training Incentive Program. All Soldiers who achieve physical fitness excellence will be commended and rewarded as outlined below.

3. Soldiers who score 270 or above (with 90 points in each event) on the Army Physical Fitness Test (APFT), and meet body fat standards IAW AR 600-9, will be awarded the Physical Fitness Badge for physical fitness excellence according to AR 600-8-22. These Soldiers will also receive a Certificate of Achievement from the Battalion Commander and be exempt from regular company physical training (PT) every Friday for a period of three months. If the Soldier desires to continue being exempt from PT on Fridays until his/her next APFT, he/she will be required to take and pass a diagnostic APFT with a score of 270 or above (with 90 points in each event).

4. Soldiers who score a 290 or above on a record APFT and meet body fat standards will be authorized to conduct PT on their own for a period of three months. If the Soldier desires to continue doing PT on his/her own until his/her next record APFT, they will be required to take and pass a diagnostic APFT with a score of 290 or above.

5. The Incentive program is designed to recognize those Soldiers who demonstrate outstanding physical fitness IAW FM 21-20. Physical fitness is directly tied to successful duty performance and personal health. I challenge each of you to set high goals of physical fitness and achieve these goals through hard, dedicated work.

6. *We support the world!*

NICOLE L. JEPSEN
CPT, AG
Commanding